

## Hunger Action Network can help!

Call our Toll Free  
Food Stamp Hotline

**1-866-526-2978**



We can tell you if you may be eligible and estimate how much you might receive in benefits.

You apply for the Food Stamp Program through the Department of Social Services.

*It's fast, confidential, and easy.*

Call weekdays 10am to 6pm

Serving Dutchess, Putnam, Ulster,  
and Sullivan Counties.

## Contact us

**Food Stamp Hotline Number**

**1-866-526-2978**

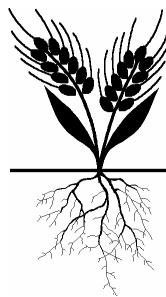
**Downstate Office**  
260 W. 36th St. #504  
New York, NY 10018  
(212) 741-8192  
Fax: (212) 741-7236

**Email**

[info@hungeractionnys.org](mailto:info@hungeractionnys.org)

**Visit Us on the Web**

[www.hungeractionnys.org](http://www.hungeractionnys.org)



**Hunger  
Action  
Network**  
of New York State

*Getting to the  
Root of the  
Problem*

**YOU MAY BE ELIGIBLE FOR**

## Food Stamps

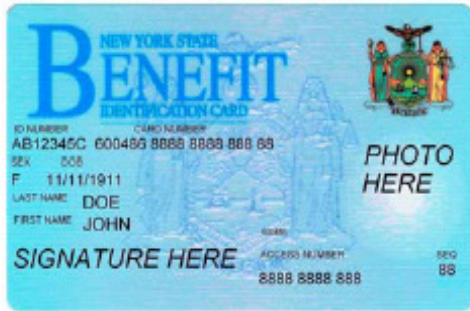


**More Legal  
Immigrants are now  
eligible!**

The Food Stamp Program has  
improved!

Even If you were not eligible  
before, you could be eligible now!

## WHAT ARE FOOD STAMPS?



A benefit card is provided through the Food Stamp program. The Food Stamp program is a federal program that helps people meet their food and nutrition needs. Anyone can apply. If you are approved, you will receive a card similar to a credit or debit card to be used at grocery stores to purchase food items. Food Stamp eligibility is based on income and other criteria.

### Who is Eligible?

- **Legal immigrants who receive a disability benefit regardless of date of entry into the United States.**
- **Legal immigrants who have resided legally in the U.S. for five years OR households that have completed 40 quarters of work.**
- **All legal immigrant children regardless of date of entry into the U.S.**

\*Applying for Food Stamps will not affect your immigrant status.

Even if you are not eligible because of your immigration status, other people in your household, including children, may be eligible.

## How much can I receive?

Household size	Gross Monthly Income (before taxes)	Maximum allotment level
1	\$1,127	\$176
2	1,517	323
3	1,907	463
4	2,297	588
5	2,687	698
6	3,077	838
7	3,467	926
8	3,857	1,058
Each additional member	+390	+132

Households with a person 60+ or disabled only have to meet a net income test.

