

The Rise in the Cost of Common Items Over 16 Years

	1990	2006	%Increase
Foods			
Milk (Skim, half gallon carton)	\$.68	\$1.32	94
Eggs (Large white, 1 dozen)	\$.48	\$.89	85
Lettuce (Iceberg, per head)	\$.59	\$.88	49
Tomatoes (Roma, per lb)	\$.39	\$.99	154
Green Peppers (per lb)	\$.48	\$1.39	190
Cucumbers (each)	\$.25	\$.66	164
Tuna Fish (Empress Light in Water, 6.5 oz can)	\$.58	\$.75	29
Ground Beef (73-80% lean, per lb)	\$.99	\$2.59	161
Pasta Sauce (Ragu, 30 oz)	\$1.49	\$1.79	20
Butter (1lb package)	\$.99	\$2.19	121
Over the Counter Medicines and Toiletries			
Toothpaste (Close-up, 6.4 oz tube)	\$1.77	\$2.99	68
Shampoo (Johnson's Baby Shampoo, 20oz bottle)	\$2.99	\$4.49	50
Deodorant (Mitchim, 2 oz solid)	\$2.67	\$3.49	31
Ibuprofen (Motrin IB, 50 tablets)	\$3.19	\$6.49	103
Anti-histamine (Benadryl, 24 tablets)	\$3.79	\$5.49	45
Hydrocortisone Cream (Cortizon-10, 1 oz. tube)	\$2.39	\$5.49	129
Cough and Cold Syrup (Dimetapp, 4 oz)	\$2.66	\$5.99	125
Household cleaners, paper products and other items			
Laundry Detergent (Cheer liquid, half gallon)	\$3.49	\$5.99	71
Dishwashing Liquid (Ivory, 22 oz. / 25oz.)	\$1.49	\$2.49	67
Paper Towels (Brawny, 66 sheets / 80 sheets)	\$.48	\$1.99	315
Toilet Paper (Charmin, 4 roll pkg.)	\$1.37	\$3.19	133
Light Bulbs (GE Soft White, 4 pack)	\$1.99	\$2.99	50
Batteries (2 Energizer C or D, or 1 9-volt)	\$1.99	\$3.99	101
Basic Monthly Cash Allowance for Welfare (Family of 3)	\$ 238	\$238	0

Price of Common Necessities in 1990 and 2006

