Do you need Food?

*We can help.*

Call the toll-free Hunger Hotlines

**NYC:** 1-866-888-8777

**Upstate:** 1-866-526-2978

NYC’s Hunger Hotline provides referrals for individuals and families to go to a neighborhood food pantry and/or a soup kitchen in Manhattan, Brooklyn, the Bronx, Queens or Staten Island. This is an automated system that you can call 24 hours a day, seven days a week. An operator will be available to assist you Monday–Friday, 9 am to 5 pm. (This is a project of the NYC Human Resources Administration). This hotline also provides information about other services, including Food Stamps, Medicaid, Public Assistance, Home Care, Child Care, Adult Protective Services or other emergency services.

The Upstate Hunger Hotline will connect you with pantries and soup kitchens outside of NYC in the rest of New York State. It is run by the Hunger Action Network of NYS.